

# Lifegate Christian School

# October 2024

| Monday   | Tuesday  | Wednesday  | Thursday  | Friday  |
|--|--|--|---|---|
| <b>9/30</b><br><b>Corn Dog</b><br>-OR-<br><b>Alt- Sunbutter/Jelly Sandwich*</b><br><br>Green Beans<br>Peaches                                      | <b>1</b><br><b>Cheesy Nachos</b><br>-OR-<br><b>Alt-Ham &amp; Cheese Hoagie*</b><br><br>Chili Beans<br>Banana                             | <b>2</b><br><b>Chick-Fil-A Nuggets (8 cnt)</b><br>-OR-<br><b>Alt - Cobb or Market Salad or Chicken Wrap**</b><br><br>Carrots<br>Fruit (TBD)  | <b>3</b><br><b>Cheeseburger</b><br>-OR-<br><b>Alt-Italian Hoagie*</b><br><br>Potato Wedges<br>Strawberries                            | <b>4</b><br><b>Cheesy Bread Twists w/Pizza Sauce</b><br>-OR-<br><b>Alt-Turkey &amp; Cheese Hoagie*</b><br><br>Roasted Butternut Squash<br>Apple |
| <b>7</b><br><b>Cheese Omelet w/Long John Donut</b><br>-OR-<br><b>Alt-Sunbutter/Jelly Sandwich*</b><br><br>Sweet Potato Waffle Fries<br>Blueberries | <b>8</b><br><b>Crispy Chicken Sandwich</b><br>-OR-<br><b>Alt - Ham &amp; Cheese Hoagie *</b><br><br>Baked Beans<br>Pears                 | <b>9</b><br><b>Pizza Hut Cheese Pizza</b><br>-OR-<br><b>Alt - Tuna Salad on 9 Grain*</b><br><br>Romaine Salad<br>Craisins                    | <b>10</b><br><b>Big 'Ol Meatball w/Garlic Bread</b><br>-OR-<br><b>Alt- Italian Hoagie*</b><br><br>Corn<br>Orange                      | <b>11</b><br><br><b>NO SCHOOL</b><br><br><b>Professional Development Day</b>  |
| <b>14</b><br><b>BBQ Chicken Leg</b><br>-OR-<br><b>Alt-Sunbutter/Jelly Sandwich*</b><br><br>Mixed Veggies<br>Applesauce                             | <b>15</b><br><b>French Toast Sticks w/ Sausage Patty</b><br>-OR-<br><b>Alt -Ham &amp; Cheese Hoagie*</b><br><br>Glazed Carrots<br>Banana | <b>16</b><br><b>Chick-Fil-A Sandwich</b><br>-OR-<br><b>Alt - Cobb or Market Salad or Chicken Wrap**</b><br><br>Carrots<br>Fruit (TBD)        | <b>17</b><br><br><b>NO SCHOOL</b><br><br><b>Parent Teacher Conferences</b>  | <b>18</b><br><br><b>NO SCHOOL</b><br><br><b>Parent Teacher Conferences</b>  |
| <b>21</b><br><b>BBQ Riblet Hoagie</b><br>-OR-<br><b>Alt-Sunbutter/Jelly Sandwich*</b><br><br>Corn<br>Fruit   | <b>22</b><br><b>Grilled Cheese Sandwich</b><br>-OR-<br><b>Alt -Ham &amp; Cheese Hoagie*</b><br><br>Celery Sticks<br>Peaches              | <b>23</b><br><b>Pizza Hut Pepperoni Pizza</b><br>-OR-<br><b>Alt-Tuna Salad on 9 Grain*</b><br><br>Romaine Salad<br>Pears                     | <b>24</b><br><b>Cheesy Beef Philly Sandwich</b><br>-OR-<br><b>Alt - Italian Hoagie*</b><br><br>Sweet Potato Crinkle Fries<br>Orange   | <b>25</b><br><b>Hot Dog</b><br>-OR-<br><b>Alt-Turkey &amp; Cheese Hoagie*</b><br><br>Baked Beans<br>Apple                                       |
| <b>28</b><br><b>Fried Chicken Leg</b><br>-OR-<br><b>Alt-Sunbutter/Jelly Sandwich*</b><br><br>Chili Beans<br>Mandarin Oranges                       | <b>29</b><br><b>Meatball Sub</b><br>-OR-<br><b>Alt-Turkey &amp; Cheese Hoagie</b><br><br>Green Beans<br>Applesauce                       | <b>30</b><br><b>Chick-Fil-A Nuggets (8 cnt)</b><br>-OR-<br><b>Alt - Cobb or Market Salad or Chicken Wrap**</b><br><br>Carrots<br>Fruit (TBD) | <b>31</b><br><b>Breaded Mozzarella Sticks</b><br>-OR-<br><b>Alt- Italian Hoagie*</b><br><br>Carrots<br>Strawberries<br>Harvest Cookie | <b>11/1</b><br><b>Sweet &amp; Sour Diced Chicken w/Brown Rice</b><br>-OR-<br><b>Alt-Ham &amp; Cheese Hoagie</b><br><br>Broccoli<br>Pineapple    |

Hot lunch: \$3.75 (includes milk) Extra Main Entree: \$1.75/ea Milk: \$.40 Alt=Alternate. The alternate option comes w/same sides as main entree \$3.75

Chick-Fil-A Prices: Sandwich & 8 Count Nuggets (w/sides) \$6.00; Chicken Wrap (w/sides) \$8.50; Salads \$9.75.

WG - is Whole Grain wherever listed. Fruits & Veggies may differ from menu on a daily basis. \*Extra entree & Alternate available for 2nd-8th grades only.

Lunch Coordinator - Shelley Regier, [sregier@lcsomaha.org](mailto:sregier@lcsomaha.org), 402-490-4937 c, 402-333-5153 w This institution is an equal opportunity provider.

\*\*The Chick-Fil-A Cobb Salad recipe has been updated to remove the bacon, and fat free ranch will be the only dressing available.

**HOT LUNCH MUST BE ORDERED BY 8:45am IF YOUR STUDENT IS GOING TO BE LATE. CALL OR EMAIL LCS BEFORE 8:45am.**