

September Menu 2023

Lifegate Christian School

Please read through all the notes below the calendar!

Monday	Tuesday	Wednesday	Thursday	Friday
4 LABOR DAY NO SCHOOL	5 Corn Dog on a Stick -OR- Alt- Italian Hoagie* Carrots Chilled Peaches	6 Pizza Hut Pepperoni Pizza -OR- Alt- Tuna Salad on 9 Grain* Broccoli Pears	7 Meatball Sub w/Cheese -OR- Alt- Turkey & Cheese Hoagie* Crinkle Cut French Fries Watermelon	8 Popcorn Chicken w/WG Bread -OR- Alt- Ham & Cheese Hoagie* Green Beans Orange Wedges
11 Chicken Fried Steak Sandwich -OR- Alt- Sunbutter/Jelly Sandwich* Mixed Veggies Applesauce	12 Pancakes w/Sausage Patty -OR- Alt- Turkey & Cheese Hoagie* Sweet Potato Wedges Banana	13 Chick-Fil-A Sandwich -OR- Alt-Cobb or Market Salad or Chicken Wrap* Carrots Fruit (TBD)	14 Sloppy Joe on a WG Bun -OR- Alt-Italian Hoagie* Tater Tots Cantaloupe	15 PROFESSIONAL DEVELOPMENT NO SCHOOL
18 Cheese Omelet w/WG Biscuit -OR- Alt-Sunbutter/Jelly Sandwich* Glazed Carrots Blueberries	19 Crispy Chicken on WG Bun -OR- Alt- Italian Hoagie* Corn Pears	20 Pizza Hut Cheese Pizza -OR- Alt-Tuna Salad on 9 Grain* Romaine Salad Craisins	21 Crispy Carnitas Tacos w/ Lettuce & Cheese -OR- Alt- Turkey & Cheese Hoagie* Seasoned Black Beans Watermelon	22 Breaded Chicken Leg w/ Garlic Bread -OR- Alt- Ham & Cheese Hoagie* Seasoned Green Beans Applesauce
25 Cheese Dunkers w/Marinara Sauce -OR- Alt-Sunbutter/Jelly Sandwich* Italian Veggies Mixed Fruit	26 Cheeseburger on WG Bun -OR- Alt-Turkey & Cheese Hoagie* Seasoned French Fries Banana	27 Chick-Fil-A Nuggets (8 count) -OR- Alt-Cobb or Market Salad or Chicken Wrap* Carrots Fruit (TBD)	28 Beef & Cheese Nachos -OR- Alt-Italian Hoagie* Chili Beans Cantaloupe	29 Herbed Chicken over Bow Tie Pasta w/ Ciabatta Roll -OR- Alt-Ham & Cheese Hoagie* Steamed Carrots Apple

Hot lunch : \$3.75 (includes milk) Extra Main Entree: \$1.75/ea. Milk: \$.40 Alt=Alternate. The Alt option comes w/same sides as main entree: \$3.75

* Extras & Alternate available for 2nd-8th grades only.

Chick-Fil-A Prices: Chicken Sandwich & 8 count Nuggets (both w/sides): \$6.00; Chicken Wrap (w/sides): \$8.50; Salads: \$9.75

WG - is Whole Grain wherever listed. Fruits & Veggies may differ from menu on a daily basis depending on availability.

Lunch Coordinator - Shelley Regier, sregier@lcsomaha.org, 402-490-4937 c, 402-333-5153 w This institution is an equal opportunity provider.

HOT LUNCH MUST BE ORDERED BY 8:45 AM. *IF YOUR STUDENT IS GOING TO BE LATE*, CALL OR EMAIL LCS & MRS REGIER BEFORE 8:45 AM.